

*Post-Communion Reflections. 2nd Sunday of Lent*

*In the words Vatican II*

In the depths of conscience, each human person detects a law which no one imposes on him or herself. . . . Always summoning the individual to love good and avoid evil, the voice of conscience can, when necessary, speak to the heart more specifically, do this, shun that. . . . In the heart, . . . each individual is alone with God whose voice re-echoes in the depths of the person.

In the words of moral theologian Bernard Haring

Within us re-echoes . . . the call of the Master who invites us to be with him. . . . In the depth of our being, conscience makes us aware that our true self is linked with Christ, and that we can find our unique name only by listening to the One who calls us by name. The sensitivity and truthfulness of our conscience [as] the divine Master . . . teaches us not only from without but also from within by sending us the Spirit of truth.

.....  
Most moral theologians today agree with outstanding psychologists and therapist who insist that . . . the dynamic of our conscience is “the reaction of our total personality to its proper functioning and disfunctioning. . . .” We are created for wholeness biologically, psychologically and spiritually. The deepest part of our being is keenly sensitive to what can promote and what can threaten our wholeness and integrity.

And finally, a down-to-earth thought from Rabbi Charles Schulman

What are our worst sins? They are chiefly our lost opportunities to grow in wisdom and nobility of character. They lie in our failure to develop our fullest and best powers given to us by God. . . .

The time we wasted.

The education we neglected.

The curiosity we stifled.

The adventures we by-passed.

The excitements of a child which we ignored.

The human relations we treated with indifference.

The entertainment we mistook for culture.

The freedom we left unsupported.

The causes that we scorned.

The books that we did not read.

The wonderful world that we did not penetrate.